

# ACEs Screening: Promoting Resilience for All

**March 3, 2022, 7:30-9AM**

**1.5 CME/CEU credits will be offered, pending approval.**



Susan Swick, MD, MPH is the Executive Director of Ohana, designing and leading the development of the Center for Child and Adolescent Behavioral Health at the Community Hospital of the Monterey Peninsula in Monterey, California. In addition to evaluation and treatment programs that are evidence-based and family-focused, Ohana programs also emphasize the cultivation of mental health at the individual, family, and community level.

Dr. Swick has had a long-standing interest in how adversity affects children and families and in how well-timed interventions can make a critical difference. Prior to relocating to California in 2018, Dr. Swick served as the Chief of Child and Adolescent Psychiatry at Newton Wellesley Hospital (near Boston) where she created a new community health initiative called "The Resilience Project," partnering with local high schools to promote the mental health and well-being of youth and their families. She also directed Parenting At a Challenging Time (PACT), a parent guidance program available to cancer patients who were still raising young children. She was an Instructor in Psychiatry at Harvard Medical School and at Massachusetts General Hospital, where she implemented a course on Parent Guidance for the Child Psychiatry fellows. Dr. Swick attended medical school and received a Master's in Public Health at Columbia University.

**Free Zoom Webinar**

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# ACEs Screening: Promoting Resilience for All

Thursday, March 3, 2022 7:30 - 9AM

## Course Description:

The California Department of Health Care Services is urging primary care teams to implement screening for Adverse Childhood Experiences or ACEs. This 90 minute Continuing Education session will offer inspiration and guidance on ACEs screening with a focus on resilience for all members of the healthcare team and patients. Regional practices will share successes and potential challenges, as well as concrete tools and organizational practices to implement this new workflow.

## Learning Objectives:

**By the end of this learning session, participants will be able to:**

- (1) Share the data on necessity and benefits of screening for ACEs in youth, adults, and expectant parents.
- (2) Define resilience and recognize how to integrate basic approaches to ACEs screening and referrals that will support resilience for both the screener and the patient/family that are time-sensitive and impactful.
- (3) Identify resources to promote and sustain resilience when facing exhaustion, overwhelming challenges, and a sense of powerlessness.
- (4) Acknowledge the necessity of recognizing the structural problems, including racism and inequality, in our healthcare system as one step toward overcoming them.
- (5) Recognize strategies and challenges when implementing ACEs screening in community settings and how to learn and grow with these challenges.

## Details for CME/CEU:

This course meets the qualifications and is pending approval for **1 hour and 30 minutes of Continuing Education** as required by the California Board of Behavioral Sciences. Santa Cruz County Behavioral Health (SCCBH) is approved by the California Association of Marriage and Family Therapists (#1000048) to sponsor continuing education for LMFTs, LCSWs, LEPs, and/or LPCCs. SCCBH maintains responsibility for this program/course and its content. You must attend the full session; no partial credit given. This course is pending approval by Dominican Santa Cruz-Board of Registered Nursing #881 for RN, OT, SLP, & Physical Therapy Board of California for PT. Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

### Target Audience:

All members of multidisciplinary primary care teams as well as individuals in other care settings who interact with clients or patients in Merced, Monterey, and Santa Cruz Counties.

### Registration:

Please use this link to register:  
[https://us06web.zoom.us/webinar/register/WN\\_Xt2AYR0\\_QGii9WrGyb22w](https://us06web.zoom.us/webinar/register/WN_Xt2AYR0_QGii9WrGyb22w)

### Accommodation/ Grievances:

To request accommodations for special needs or submit grievances, please email Paola Luna, HIP Program Coordinator at [paola@hipscc.org](mailto:paola@hipscc.org).

### Certificates:

Due to training modality (webinar), course completion certificates will be emailed within 30 days to each participant upon completion of full session and the online evaluation form.

