

Integrated Behavioral Health Action Coalition (IBHAC)

March 3, 2023 | 9:00 AM - 10:30 AM



9:00 AM	WELCOME & PARTNER ANNOUNCEMENTS	<i>Ali Hayes Senior Program Coordinator, HIP</i>
9:15 AM	SANTA CRUZ COMMUNITY HEALTH: BEHAVIORAL HEALTH UPDATE	<i>Mila Shank Chief of Behavioral Health, SCCH</i>
9:35 AM	PROVIDING ACCESS AND TRANSFORMING HEALTH (PATH)	<i>Paola Luna & Suzette Reuschel-DiVirgilio, HIP</i>
9:55 AM	BREAK (5 mins)	<i>All</i>
10:00 AM	MOTIVO PROPOSAL	<i>Rachel McCrickard, CEO, Motivo Holly Hughes, Chief Behavioral Health Officer, Janus</i>
10:30 AM	CLOSING & APPRECIATIONS	<i>Ali Hayes, HIP</i>

[Access meeting recording here.](#)

Who? What? Where?

If you recently moved to a new position or agency in the County, feel free to share in the chat or unmute yourself.





PARTNER ANNOUNCEMENTS

Please email ahayes@hipscc.org any flyers, registration links, or resources you would like to share with IBHAC Members

Calciano Youth Symposium

YOUTH SUICIDE: UPDATES ON RISK & PREVENTION,
RECOVERY & RESILIENCE

Live in-person event:

Friday, March 10th from 8:15 AM - 4:00 PM
Cocoanut Grove, Santa Cruz, CA



You can register for this event [here](#).

Tri County Adolescent & Young Adult Learning Collaborative



First collaborative meeting:
Thursday, March 16, 2023
9:00 - 10:00 AM

Please email Maria Jerezano at mjerezano@hipsc.org to RSVP and be added to distribution list.

Expanding MAT in Criminal Justice Settings

EVIDENCE-BASED TREATMENT FOR OPIOID USE DISORDER

In-person event:

Friday, March 17th from 12:30 PM - 4:30 PM
1400 Emeline Avenue, Santa Cruz, California



Limited seating! To register in advance, click [here](#).

Santa Cruz County Health Workforce Council



Please join HIP's quarterly Health Workforce Council virtual convening on

Wednesday, March 22nd, 2023

11 AM - 12:30 PM

[RSVP via Zoom registration](#) and download meetings to your calendar!

Presentations from Pajaro Valley USD CTE Patient Care Pathway, Watsonville/Aptos/Santa Cruz Adult School Health Care Programs, Santa Cruz County Office of Education Career & Adult Learning Services

SAVE THE DATE!



YOUR FUTURE IS OUR BUSINESS

HEALTH CARE EXPO

SPONSORED BY CABRILLO COLLEGE IN PARTNERSHIP WITH HIPCC.

OCTOBER 6TH
10AM-1PM
Cabrillo College
(Aptos Campus)

GUESTS WILL HAVE THE OPPORTUNITY TO PARTICIPATE IN A CAREER SCAVENGER HUNT TO BE ENTERED TO **WIN A GIFT CARD**

JOIN US AND LEARN FROM A WIDE VARIETY OF HEALTH CARE WORKERS WHAT CAREER OPPORTUNITIES ARE AVAILABLE FOR YOU AS A SANTA CRUZ COUNTY HIGH SCHOOL OR COLLEGE STUDENT!

Cabrillo College 1959

hizp HEALTH CARE PARTNERSHIP COLLEGE STUDENT

The poster features a blue background with colorful circles (green, orange, yellow) scattered around. At the top, the text 'YOUR FUTURE IS OUR BUSINESS' is in white. Below it, 'HEALTH CARE EXPO' is in large white letters, with a white cross-in-shield icon to the left and a white caduceus icon to the right. The text 'SPONSORED BY CABRILLO COLLEGE IN PARTNERSHIP WITH HIPCC.' is in light blue. The date and time 'OCTOBER 6TH 10AM-1PM' are in large white letters, followed by 'Cabrillo College (Aptos Campus)' in white. A green cloud-shaped callout contains the text 'GUESTS WILL HAVE THE OPPORTUNITY TO PARTICIPATE IN A CAREER SCAVENGER HUNT TO BE ENTERED TO WIN A GIFT CARD'. A green rectangular box contains the text 'JOIN US AND LEARN FROM A WIDE VARIETY OF HEALTH CARE WORKERS WHAT CAREER OPPORTUNITIES ARE AVAILABLE FOR YOU AS A SANTA CRUZ COUNTY HIGH SCHOOL OR COLLEGE STUDENT!'. At the bottom left is the Cabrillo College logo (1959). At the bottom right is the HIPCC logo (Health Care Partnership College Student) with social media icons.

To RSVP for this event, click [here](#).

SAVE THE DATE!

June IBHAC Quarterly Convening



Next quarterly convening:

Friday, June 2, 2023

9:00 - 10:30 AM

Please email pbacio@hipscc.org to add new staff to the IBHAC distribution list.



PARTNER ANNOUNCEMENTS

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Integrated Behavioral Health at Santa Cruz Community Health

2023 and Beyond...



Our Team:

Behavioral Health Providers: 15

Spanish-speaking Behavioral Health Providers: 9

Case Managers: 6

Spanish-speaking Case Managers: 3

Behavioral Health Care Coordinators: 3

Spanish-speaking Behavioral Health Care Coordinators: 3



Our Services:

- Brief Individual Therapy: Therapy for all ages and presentations with a wide variety of modalities offered. 45 min intake, 30 min follow ups, 12 session cycle
- Family Therapy: New!
- Enhanced Case Management: Comprehensive case management for MediCal managed care members in specific populations of focus. Currently focused on our unhoused patients
- Office Based Addiction Treatment: Medication and case management. Peer recovery support specialist and shared medical appointments coming soon
- Healthy Steps: An evidence-based, team-based pediatric primary care program for ages 0-5 that promotes the health, well-being and school readiness of babies, toddlers and young children, with an emphasis on addressing social determinants of health (SDOH)
- Psychiatry: Two Psychiatric Nurse Practitioners and two Psychiatric Care Coordinators to provide assessment, medication management and referral to appropriate level of care



Our Patients:

- We provided 8,267 behavioral health visits in 2022
- We served 1,425 unique patients: 603 identified as Latino/Hispanic and 335 (+) received services in Spanish
- 306 unhoused individuals received behavioral health services
- Anxiety disorders (including Post-Traumatic Stress Disorder) were the most common diagnostic category, as compared to Depression and Mood disorders in past years.

LIVE OAK HEALTH CENTER



An Integrated Setting...



Play Therapy for Children



- Therapeutic games allow children to process common experiences in a playful and supportive way.
- Whether a child is dealing with a conflicted divorce, or a parent in jail it helps them to see that they are not alone.



Sand Tray Therapy



- Sand tray therapy is a unique approach that allows children (teens and adults can benefit too) to control a miniature contained world right at their fingertips.
- They can direct the therapist and recreate situations that were stressful for them with a different outcome. They can express conflict, isolation, confusion and more all in that one modality.
- It is especially helpful for children who cannot communicate emotions verbally, or for children who have been abused and don't feel safe to talk about it openly.



SANTA CRUZ
COMMUNITY
HEALTH

Mountain Health Center



Women's Health Center





PROVIDING ACCESS & TRANSFORMING HEALTH (PATH) Collaborative Planning & Implementation Initiative

Paola Luna
Program Manager



PATH

Five-year, \$1.85 billion initiative to build up the capacity and infrastructure of on-the-ground partners, such as community-based organizations (CBOs), public hospitals, county agencies, tribes and others.

THE GOAL

Enable successful participation of those partners in the Medi-Cal delivery system as Enhanced Care Management, Community Supports and Justice Involved services are implemented under CalAIM.

Enhanced Care Management (ECM) & Community Supports (CS)



Collaborative Planning and Implementation Initiative: Collaborative planning and implementation efforts among managed care plans (MCPs), providers, CBOs, county agencies, public hospitals, tribes and others to promote readiness for ECM and CS.

The Health Improvement Partnership of Santa Cruz County (HIP) was awarded **\$500,000** as the Regional Planning Group Facilitator for Santa Cruz County as part of the PATH
Collaborative Planning and Implementation Initiative

Project term:
November 14, 2022 - December 31, 2023

Collaborative Deliverables & Activities

to Promote Readiness for ECM and CS

1

Convene monthly Collaborative meetings with participants, including identifying subject matter experts and others to support topics of interest/improvement. Recruit new participants to the Collaborative.

2

Teach and coach participants on improvement principles including business process and workflow redesign.

3

Review and summarize for participants key planning documentation to build awareness of collaborative planning activities aligned with CalAIM and capacity building goals to the extent they are related to collaborative goals.

4

Co-develop Collaborative project charter with aim statement, key driver diagram, change package, measurement strategy, and work plan.

5

Create and curate a “best practice library”

HIP PATH Collaborative Planning & Implementation Initiative Team



Team Leads

Paola Luna - Program
Manager & Lead

Trudy Bearden - Co-Lead



Program Coordinator

Gustavo Indarose



Advisor

Suzette Reuschel-DiVirgilio -
Programs Director

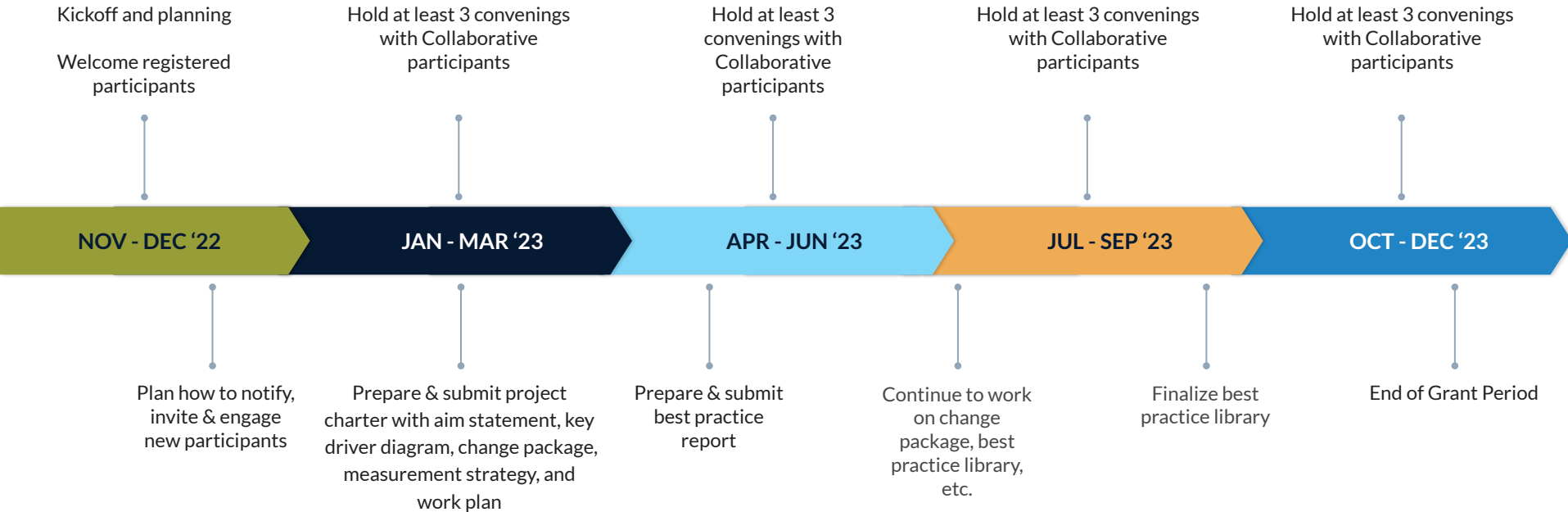


Program Assistant

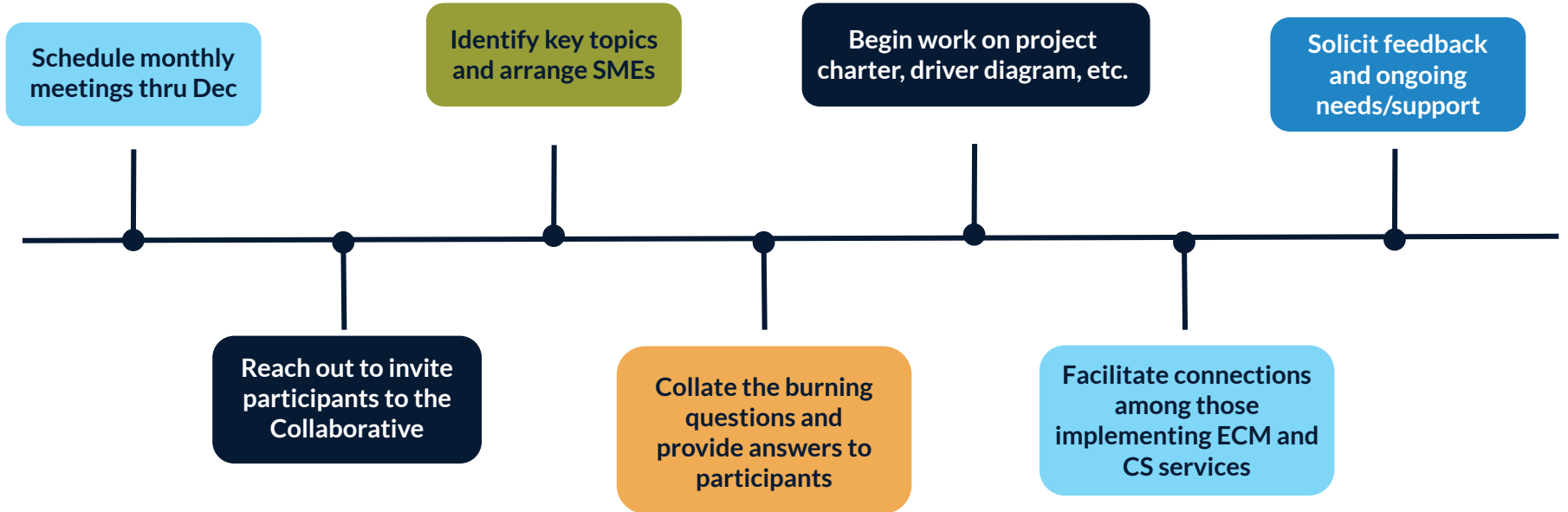
Maya Reed

Timeline of Activities

Throughout the grant HIP will identify gaps, challenges, success, needed resources, answers to questions, etc. to best implement ECM and CS and to make the connections for the organizations providing these services and individuals receiving these services.



Next Steps



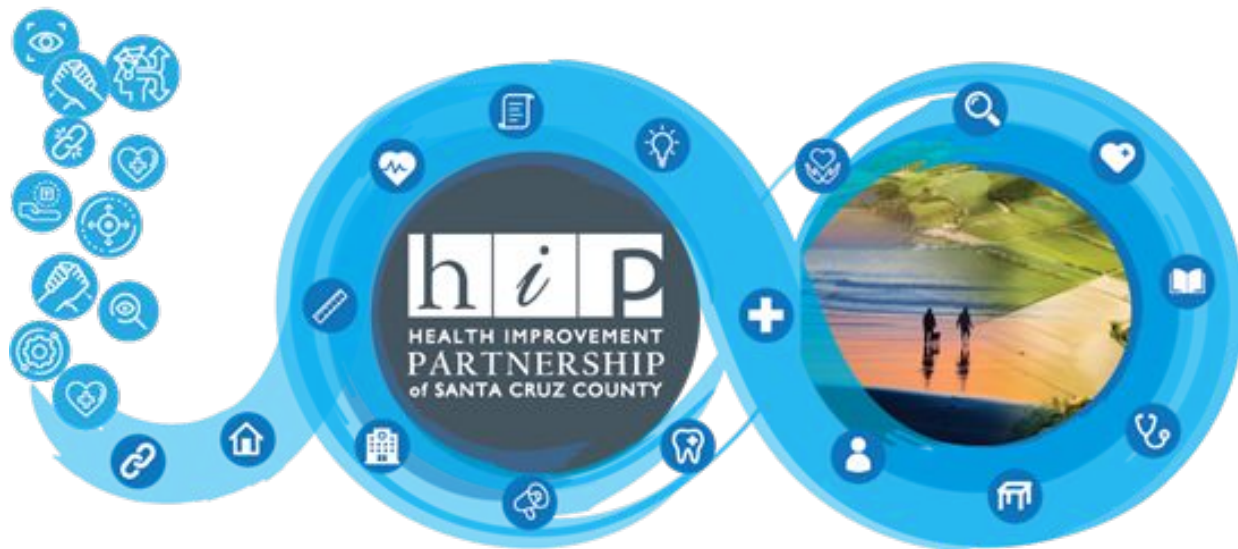
Participant Monthly Meetings

~ 4th Thursday of every month 10:00-noon

- Mar 23
- Apr 27
- May 25
- Jun 22
- Jul 27
- Aug 24
- Sep 28
- Oct 26
- Nov 16
- Dec 21

Please email Paola Luna at pluna@hipsc.org with any PATH-related questions.

Please email Maya Reed at mreed@hipsc.org to RSVP and be added to the PATH distribution list.





Rachel McCrickard, LMFT
Chief Executive Officer
Co-Founder at Motivo

Motivo Proposal

HIP Behavioral
Health/Health Social
Workers Workgroup
&
Motivo



Holly Hughes, LCSW
Principal for HH & Co.
Chief Program Officer of
Janus of Santa Cruz.

Motivo

Clinical Supervision for Employers & Pre-Licensed Clinicians

Motivo is a virtual clinical supervision platform that gives employers & pre-licensed clinicians the supervision they need. Whether you need group supervision or licensure hours, we're here to help.

Book, schedule, and attend virtual (group or individual) clinical supervision sessions, set up appointment reminders, and track supervision hours with our easy-to-use, HIPAA compliant platform.

<https://motivohealth.com/>

Proposal

Santa Cruz County Regional Commitment

Motivo has funding to offer 25%-50% discount on the hourly supervision rates to Santa Cruz County organizations in **individual contracts** if a regional commitment is established.

A regional commitment is defined as at least 50 associate level therapists, across sites, in need of clinical supervision.



RATE SHEET

SERVICE	DESCRIPTION	RATE
Individual Supervision	A supervision session between one employee and a Motivo supervisor.	\$75/HR
Dyad Supervision	A supervision session between two employees and a Motivo supervisor.	\$130/HR
Group Supervision	A supervision session between three or more employees and a Motivo supervisor.	Starts At \$200.00/HR
Administration Hours	At the request of the customer, Motivo supervisors can review clinical case notes or perform other clinical tasks.	\$75.00/HR
Monthly Service Cost	Our monthly service cost covers a dedicated Motivo representative to manage your account.	\$50.00/MO
One-Time Onboarding Cost	This is a one-time onboarding cost to cover the onboarding process for your account set-up.	\$200.00



THANK YOU!

NEXT IBHAC CONVENING: Friday, June 2, 9:00 - 10:30 am

Please email pbacio@hipscc.org to add new staff to the IBHAC distribution list.