



MEETING NOTES

Meeting Purpose: This meeting convened health care providers, community-based organizations, and social service agencies to discuss the key drivers of toxic stress and brainstorm the evolution of the ACEs CoP Collaborative.

Attendees:

- Priscila Bacio
- Laura Wishart
- Trudy Bearden
- Thomas Hicken
- Maritza Lara
- Araceli Padilla
- Becky Shoemaker
- Britta Vigurs
- Cal Gordon
- Cameo Culcasi
- Carmin Powell
- Dan Chavez
- Denis Gonsalves
- Devon Francis
- Jorina Elbers
- Julie Olivarez
- Cassandra Flores
- Lauren Fein
- Mariela Barba
- Najeeb Kamil
- Primavera Hernandez

Community of Practice (CoP) Recap

- Priscila Bacio provided a recap of past CoP meetings.
- Laura Wishart revisited the CoP current mission statement to engage members on the evolution of the CoP beyond screening for ACEs.

Diver Diagram

- Trudy Bearden explained the concept of a driver diagram and shared the thought process of drafting the Toxic Stress Driver Diagram tool with the goal to help reduce toxic stress through ACEs screening.

Discussion

- Priscila engaged partners to brainstorm and share their thoughts, ideas, and strategies to reduce toxic stress and share topics they would like to learn at future meetings.
 - Engage community members to partake in future CoP meetings, such as involving community health workers and promotores.
 - There is a lack of education on ACEs in the medical community and should aim to educate healthcare leaders on ACEs and toxic stress, particularly future healthcare students.
 - Identifying key drivers can lead to strategizing on how to engage the community on the goal to reduce toxic stress.
 - Behavioral Health at schools is an opportunity to support and educate children and parents on toxic stress and ACEs.
 - To look beyond ACEs screening, providers should develop a measure of determining the effectiveness of mental health resources given to patients and ensuring that their symptoms are improving.
 - Looking ahead, schools are becoming the center of intervention for students and it is important to acknowledge the support school staff will need from the community.
 - It is crucial to have parents and caregivers involved when designing programs of support for children.
 - Acknowledging the mental health stigma that exists among various cultures, educating parents and caregivers on ACEs, toxic stress, and stress busters can help change that narrative.

Closing

- Our next ACEs Community of Practice meeting is on Wednesday, June 28, 12 - 1 pm.