

# Community of Practice - Partner Meeting

February 22, 2023 | 12:00 PM - 1:00 PM



Noon	<b>Welcome</b>	<i>Gustavo Indarose</i>
12:10 PM	<b>Welcome &amp; Introductions</b>  Name & affiliation  Question: What is your experience working on ACEs prevention and response?	<i>Gustavo Indarose</i>
12:25 PM	<b>Genesis of the SCC ACEs Community of Practice (CoP)</b>	<i>Trudy Bearden</i>
12:35 PM	<b>Overview of the Santa Cruz County Network of Care</b>	<i>Nicole Young</i>
12:50 PM	<b>Review of the SCC ACEs CoP Charter</b>	<i>Laura Wishart, Gustavo</i>
1:00 PM	<b>Next Steps and Wrap-up</b>	<i>Laura</i>

*This meeting is being recorded. The recording will be linked in the follow-up email.*

# Genesis of the SCC ACEs Community of Practice (CoP)

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Gustavo Indarose  
Trudy Bearden



G/T



# ACEs in Santa Cruz Community of Practice (CoP)



- Nov 2021-March 2022 - ACEs in Merced (Central California Alliance for Health)
  - Goal: Through research and stakeholder interviews, understand the current state and needs in Merced County to implement and sustain screening, treating and healing of ACEs
- ACEsINC, Merced County Office of Education - Dennis Haines, Family Resource Council Operations Supervisor

# ACEs CoP

## PRACTICE Grant Activity 1.5



Establish and formalize an ACEs in Santa Cruz membership model.

- Form a collaborative of community stakeholders and ACEs champions as well as our Medi-Cal Managed Care Plan, convening monthly, with a shared and aligned purpose to collaborate to:
  - Increase screening for ACEs
  - Identify and support those who screen positive and are experiencing toxic stress

# ACEs CoP

## PRACTICE Activity Deliverables



- Distribution list of individuals, contact info, and organization
- Group charter
- Monthly meeting agendas and meeting minutes, etc.
- Action steps towards defining a sustainability plan or model for grant activities and outcomes

# Local Context: Overview of the Santa Cruz County ACEs Network of Care

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Nicole Young MSW & Susan Paradise LMFT



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# Santa Cruz County ACEs Network of Care

## Overview of Learning Sessions

February 22, 2023



**Susan Paradise, LMFT**  
Santa Cruz County  
Health Services Agency  
Public Health Division

**Nicole Young, MSW**  
Optimal Solutions Consulting

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**David Brody**  
First 5 Santa Cruz County

# ACEs Aware in Santa Cruz County

## ACEs Aware en el Condado de Santa Cruz



### ACEs Network of Care Learning Series

La Serie de Aprendizaje de la Red de Cuidado de ACEs

### Peer-to-Peer Learning Sessions

Integration of **ACEs screenings** in clinics

Sesiones de aprendizaje de igual de igual

Integración de pruebas de detección de ACEs en clínicas

**Planning partner**, Child Abuse Prevention Workgroup

**Colaborador de planeación**, integración con el Grupo de Trabajo de Prevención de Abuso Infantil

# ACEs Aware in Santa Cruz County

ACEs Aware en el Condado de Santa Cruz



- Lifelong learning and critical self reflection
- Recognize and challenge the power imbalances that are present.
- Institutional Accountability

## Content

- Ecological, ecosystems framework
- Community voice
- Root causes
- Structural racism

## Process

- Translation
- Simultaneous interpretation
- Bilingual slides
- Bilingual breakouts
- Spanish-speaking facilitators



# The Pair of ACEs / El Par de ACEs

Center for Community Resilience



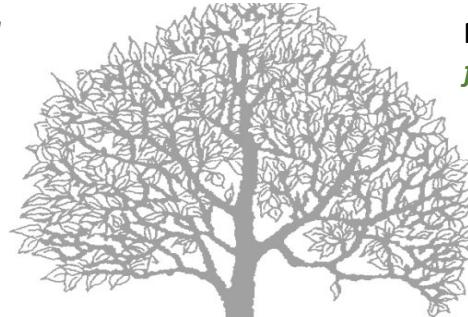
## Adverse Childhood Experiences / Experiencias Adversas de la Niñez

Maternal Depression / Depresión maternal

Emotional & Sexual Abuse / Abuso sexual y emocional

Substance Abuse / Abuso de sustancias

Domestic Violence / Violencia doméstica



Physical & Emotional Neglect / Negligencia física y emocional

Divorce / Divorcio

Mental Illness / Enfermedad mental

Incarceration / Encarcelación

Homelessness / Falta de vivienda

## Adverse Community Environments / Entornos Adversos Comunitarios

Poverty / Pobreza

Discrimination / Discriminación

Community Disruption / Ruptura comunitaria



Violence / Violencia

Poor Housing Quality & Affordability / Calidad pobre de vivienda y asequibilidad

Lack of Opportunity, Economic Mobility & Social Capital / Falta de oportunidad, movilidad económica y capital social

Root Cause: Structural racism / Causa fundamental: Racismo estructural

# Building Community Resilience

Creando la resiliencia comunitaria



**Healthy & Supported Individuals & Families**  
*Individuos y familias sanas y apoyadas*

**Connected, Equitable & Accountable Systems & Supports**  
*Sistemas y apoyos conectados, equitativos y responsables*

Health / Salud

Education / Educación

Economic / Económico

Environment / Medio ambiente



Housing / Vivienda

Safety & Justice / Seguridad y justicia

Immigration / Inmigración

Transportation / Transporte

# Building Community Resilience: What's in OUR Soil?

Creando resiliencia comunitaria: ¿Qué hay en NUESTRA tierra?



# PANEL: Building AND Strengthening Connections

MODERATED by:

• ERENDIRA GUERRERO  
DIR, ENCOMPASS COMMUNITY SERVICES  
HEAD START CHILD + FAMILY DEV. PROGRAMS

• ANA AGUADO  
FAMILY SERVICES MGR.,  
ENCOMPASS COMMUNITY SERVICES

PERHAPS OUR COMMUNITY IS NOT COMPLETELY PREPARED.....

if WE CAN'T PROVIDE the SUPPORT....

ito a VULNERABLE SPACE

they DON'T GET WHAT they NEED....

PEOPLE are SHARING PERSONAL THINGS

PERSONAL STORIES + CONVERSATIONS  
A COURAGEOUS CONVERSATION



• LIZETH SANTANA  
PARENT LEADER  
CRADLE TO CAREER

• DIANA VALADEZ  
PARENT LEADER  
CRADLE TO CAREER

• AMANDA NAVARRO  
HEALTHY STEPS SPECIALIST, SANTA CRUZ COMMUNITY HEALTH

MOST OF US HAVE TOXIC STRESS  
WOULD LOVE MORE PARENTS to PARTICIPATE in COURSES



ito TRAUMA-CENTERED... ACES help ME UNDERSTAND the EXPERIENCE of the WHOLE PERSON...



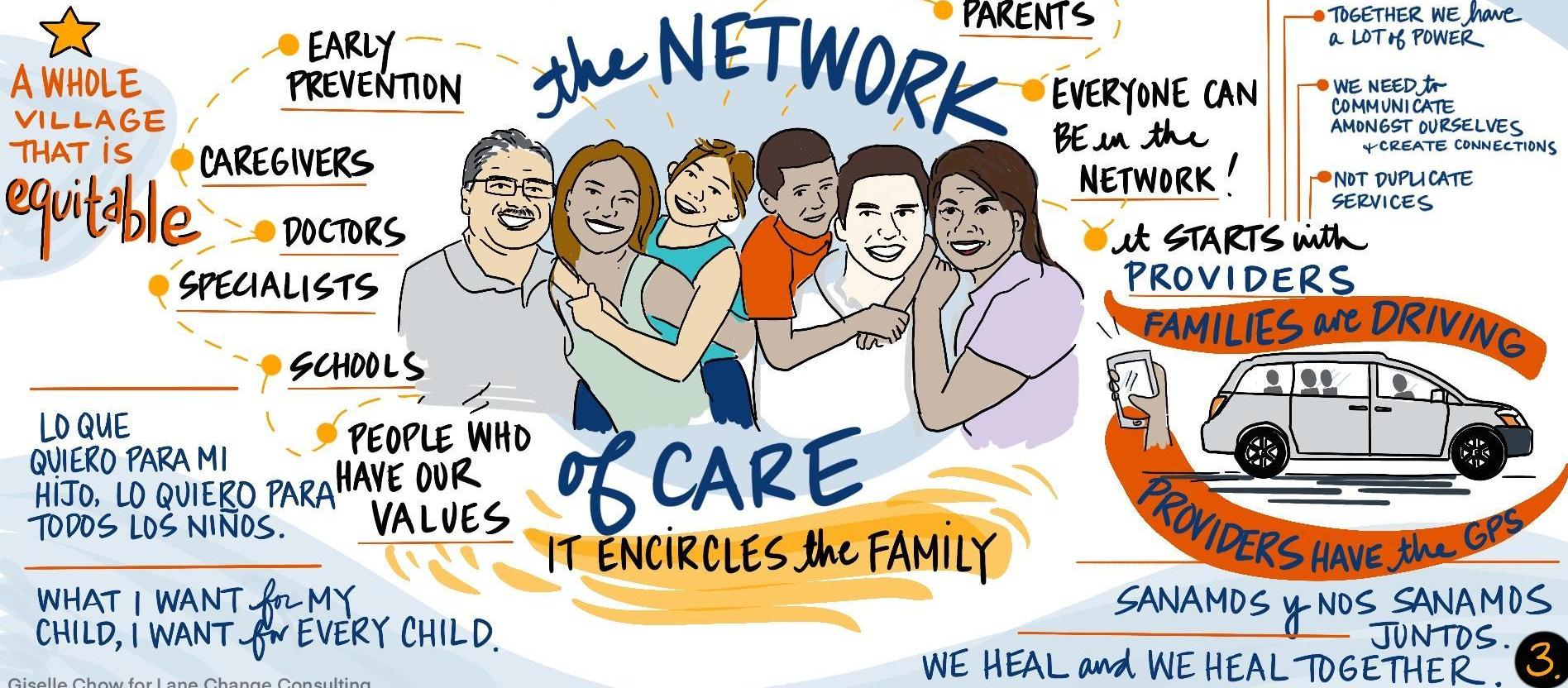
I INVITE YOU to TAKE the SCREENING

NOS COMERÁ VIVOS.  
IT WILL EAT US ALIVE.

• LET'S FIRST START with CONNECTION & TRUST  
the UNDOCUMENTED COMMUNITY AWARENESS of CULTURAL FACTORS  
& BEING ABLE to REQUEST GENDER of INTERPRETER

HEALTHY CAREGIVER / MOTHER = HEALTHY CHILD

# PANEL: Building AND Strengthening Connections

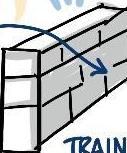


# PANEL DISCUSSION: Getting to Know Our Network

for PROVIDERS:  
SHARING that  
YOU have SOME of  
the SAME EXPERIENCES

## BARRIERS:

- RESOURCES,
- FEAR BASED in CULTURAL CONTEXT



TRAINING  
for ORGANIZERS

BEING  
CLEAR ABOUT  
NEXT STEPS

DIFFERENT  
APPROACHES

✓ SHARING  
WAYS of  
DISCLOSING  
INFO

it STARTS with  
the PROVIDER...

MAKING SPACE.....  
in a BROKEN SYSTEM

I'M SUPPOSED to  
SEE a PATIENT  
EVERY 10 MINS?!

WE NEED to  
CREATE SAFE  
AVENUES...

WE ALSO NEED to  
BREAK DOWN the  
SILOS

STEPPING INTO BRAVE SPACE....

for PATIENTS

SEEING the  
ACES SURVEY  
itself...  
CAN BE a  
BIG BLOW...

I MYSELF have NOT  
BEEN ABLE to FINISH  
the SCREENING...

WE TRY to HAVE  
TRAININGS EVERY  
MONTH

TOPICS:

RACISM  
MEMBERS of the  
LGBT COMMUNITY

A DIVERSITY  
& EQUITY  
COMMITTEE

the IMMIGRANT  
COMMUNITY has a  
HEART.....

• PERHAPS that's ONE  
of the REASONS I AM  
HERE.

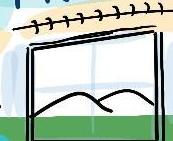
• WHEN I CAME HERE,  
MY SISTER DIED in  
an ACCIDENT... *THANK  
YOU FOR YOUR STRENGTH*

MOMENTS are for  
the PATIENT.

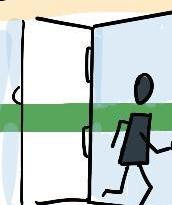
PROVIDERS CAN PROVIDE:



A MIRROR

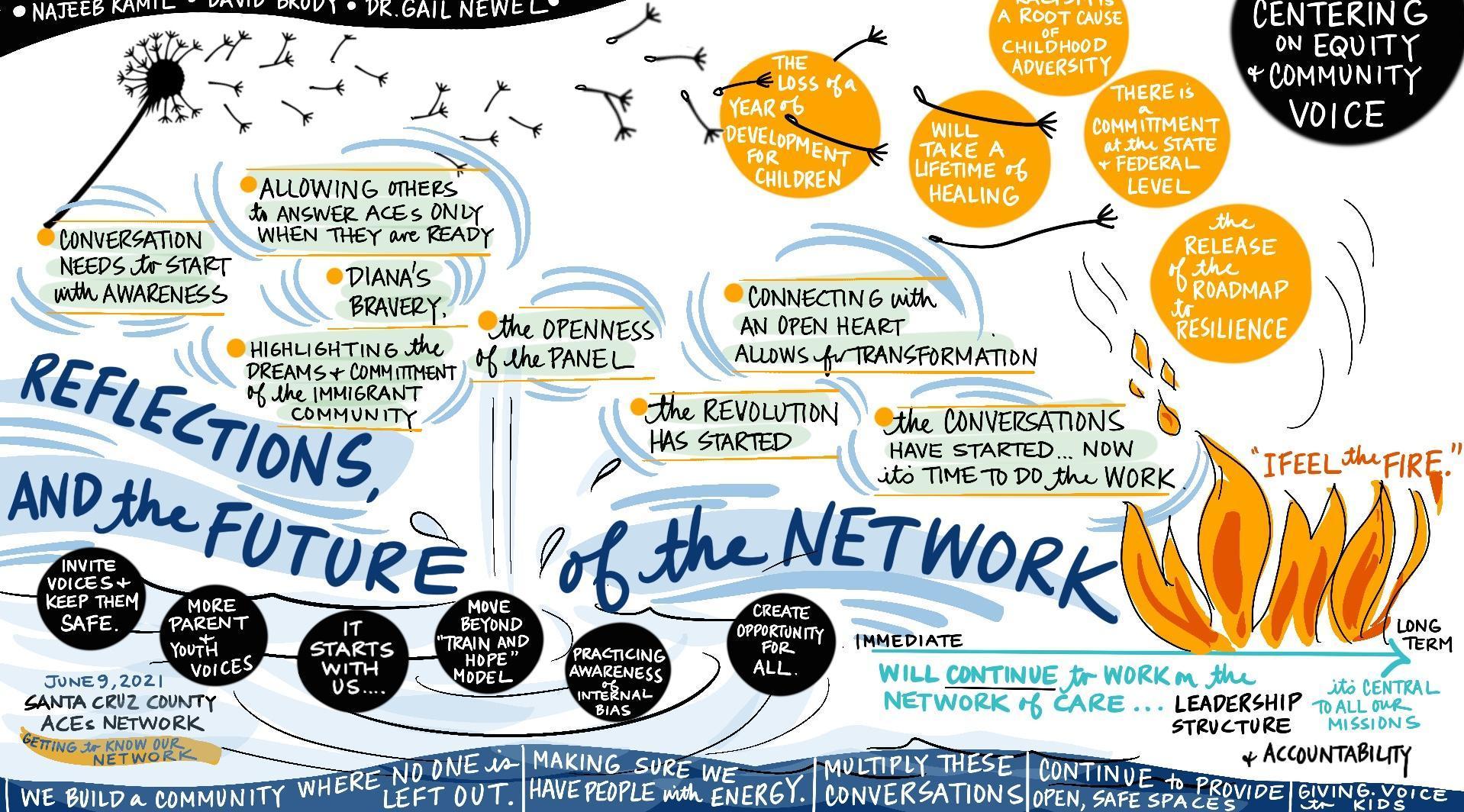


A WINDOW



A DOOR

JUNE 9, 2021  
SANTA CRUZ COUNTY  
ACES NETWORK  
GETTING to KNOW OUR  
NETWORK



# TRUST / CONFIANZA:

The key to authentic, equity-driven community engagement.

La clave para la participación comunitaria auténtica e impulsada por la equidad.

T	R	U	S	T
Thoughtful (Considerado)	Responsive (Responsivo)	Understanding (Comprensión)	Safe & Strength-Based (Seguro y Basado en la Fuerza)	Transparent & Transformative (Transparente y Transformador)
Build equity and inclusion into all stages of the community engagement process (before, during and after) through thoughtful preparation, skillful facilitation, and demonstrable follow-through.	Learn from the community and respond to their needs.	Foster authentic connection and understanding by practicing mindful self reflection and cultural humility.	Focus on strengths, embrace multiple viewpoints, and invite courageous conversations by seeing mistakes as important opportunities for growth.	Share information, share power, and integrate equity and inclusion as a shared responsibility in a leaderful space.
<b>Generar equidad e inclusión en todas las etapas del proceso de participación comunitaria (antes, durante y después) mediante una preparación reflexiva, una facilitación hábil y un seguimiento demostrable.</b>	<b>Aprenda de la comunidad y responda a sus necesidades.</b>	<b>Fomente la conexión y la comprensión auténticas practicando la autorreflexión consciente y la humildad cultural.</b>	<b>Enfóquese en las fortalezas y abarca los múltiples puntos de vista, la vulnerabilidad valiente y los errores como importantes oportunidades de aprendizaje.</b>	<b>Comparta información, comparta poder e integre la equidad y la inclusión como una responsabilidad compartida en un espacio de liderazgo.</b>

# Buffering the Toxic Stress Response

Protegiendo contra la respuesta al estrés tóxico



Hover Smartphone  
Camera over  
QR Code to access  
211 website



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United Way  
United Way of Santa Cruz County

Get Connected. Get Help.™

# Thrive by 5 Theory of Change

Prosperar a los 5 años de edad

Teoría del cambio

Healthy Leaves  
(well-being outcomes)

Sturdy Branches  
(family strengths, resources,  
protective factors)

Sturdy Trunk  
(programs, practices, policies  
increase equity)

Strong Roots

(integrated,  
trauma-informed,  
anti-racist &  
equity-centered system)



Healthy Soil

(antiracist, equity-centered  
community & systems norms)

# Review of SCC ACEs CoP Charter

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# Next Steps & Wrap-up



- Future meetings will be held on the last Wednesday of each month, starting March 29
- Meeting recordings, slides, and other materials will be sent out in follow-up email and linked on HIP's website.
- Please complete meeting evaluation!
- Feel free to invite others!



# THANK YOU!

NEXT CoP MEETING: Wednesday, March 29, 12-1 PM