



# Integrated Behavioral Health Action Coalition (IBHAC)

Friday, November 4, 2022  
9:00 – 10:30 AM

9:00 AM	<b>Welcome &amp; Partner Announcements</b>	Ali Hayes
9:15 AM	<b>Pediatric Health Work Group</b>	Laura Wishart, HIP
9:35 AM	<b>Partner Spotlight</b>	All
9:55 AM	<b>PATH Grant</b>	Paola Luna & Suzette Reuschel-DiVirgilio, HIP
10:15 AM	<b>Temperature Check</b>	Ali Hayes
10:30 AM	<b>Closing Comments</b>	Ali Hayes

*This meeting is being recorded. The recording will be linked in the follow-up email.*

# Welcome!

Shaina Zurlin, LCSW, PsyD - Behavioral Health Director  
Central California Alliance for Health

Linda Melody Alves, LCSW, MPP is the new  
Chief Operations Officer at Encompass

Thank you for  
your continued  
support!



**Dignity Health**<sup>™</sup>  
Dominican Hospital

Integrated Behavioral Health  
Action Coalition (IBHAC)

**h i p**  
HEALTH IMPROVEMENT  
PARTNERSHIP  
of SANTA CRUZ COUNTY

# Partner Announcements

Please email [pbacio@hipscc.org](mailto:pbacio@hipscc.org) any flyers, registration links, or resources you would like to share with IBHAC Members.

**Integrated Behavioral Health  
Action Coalition (IBHAC)**



# Pediatric Health Workgroup



## Mission Statement

Santa Cruz County's Pediatric Health Work Group brings together pediatric physicians and nurse practitioners, local public health representatives, and educators so that all these groups can **align and strengthen their efforts to keep Santa Cruz County's children, youth, and families healthy and safe.**

Initially focused on clarifying guidance through different stages of the COVID-19 pandemic, the group's members tackle other cross-cutting issues as well, such as mental health and substance use, immunizations, and nutrition education. They **share** resources, best practices, and population health data; **alert** each other to potential trouble spots on the horizon; **align** their work flows and messages; and **work together** across their respective systems to promote health equity and well-being for our County's youngest residents.

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# Pediatric Health Workgroup



Public Health

WATSONVILLE  
COMMUNITY HOSPITAL

Salud Para La Gente

*Working Together for a Healthy Community*



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SANTA CRUZ  
COUNTY OFFICE OF  
EDUCATION  
DR. FARIS SABBAH • SUPERINTENDENT OF SCHOOLS



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# Pediatric Health Workgroup

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## Successes

- Public Communication & Messaging
- Strengthening Partner Relationships
- Aligning Return to School Guidance
- Sharing Resources

# Pediatric Health Workgroup

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- The group has hosted a variety of guest presenters including:
  - Pajaro Valley Prevention & Student Assistance
  - Encompass Community Services
  - Social Emotional Well Being updates from the Santa Cruz County Office of Education
  - Tobacco Education and Prevention
  - Safe & Active Transportation
  - Office Based Addiction Treatment: Adolescents
  - Pajaro Valley Healthcare District Board Candidates



# Pediatric Health Workgroup

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- Youth behavioral health has been a growing area of concern among group members
- The group developed a [Behavioral Health Resources Guide](#) to support clinicians in advocating for and referring patients experiencing behavioral health challenges

# Pediatric Health Workgroup

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What challenges around youth behavioral health are your organizations experiencing?

What other opportunities are there for collaboration around this issue?



#### Recovery Café offers ...

- ✓ A free cup of coffee and a sandwich
- ✓ Respect
- ✓ A welcoming community
- ✓ Confidentiality
- ✓ No judgments
- ✓ Topics can include: LGBTQiA issues, isolation, substance use, mental health, trauma, DV, etc.
- ✓ Something to look forward to
- ✓ Support by your peers
- ✓ Consistent group to build trust

#### Member Commitments:

- 24 hours of sobriety - on day coming to Cafe
- Accountability - weekly attendance or notifying if unable to make it
- Giving back - helping out in some way

## Service Summary

**Populations Served:** adults seeking a community of peer-support for managing and healing from any of life's challenges, including: mental health, substance use, isolation, domestic violence, human trafficking, etc.

**Hours of Operations:** presently, Mondays and Fridays

- 11am-1pm Member & Guest Hours,
- 1-2pm Recovery Group,

**Location:** Calvary Church, downtown Santa Cruz

**Patient Access:** No waitlist.

Questions and referrals can be by phone, email, UniteUs platform, or participant can just drop by.

**New Programs or Updates to Services:** Schools for Recovery include Walk and Roll, Group Meal Prepara.

# Recovery Cafe Santa Cruz

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## **What percentage of services are in person vs telehealth?**

All services are in-person.

## **Any challenges/successes partners should be aware of?**

Must be sober on day visiting program. Consistent attendance builds community and so attending weekly Recovery Circle or letting us know each week when unable to attend is required.

## **Any upcoming event or flyers you would like to share?**

Always looking to partner with other agencies. Able to present at staff meetings or client meetings. 3x5 flyers available for any interested agency. (pdf attached)

## Service Summary

**Populations Served:** Enrolled UCSC Students have access to CAPS and Case Management. Students with Uship can access Psychiatry. Student with USHIP (Student Health Insurance) can access Student Health Services as can students with Cruzcare (for illness and injury) for inhouse treatment.

**Hours of Operations:** M-F 8 am – 5 pm. Student Health 8:30 am-5:30 pm. 24/7 Crisis Assistance 831-459-2628 x3.

### **Patient Access:**

Student's may walk in or call 831-459-2628.

- Average Wait for Intake-9 Days

**New Programs or Updates to Services:** UC Santa Cruz  
Campus Mobile Crisis Team

## **What percentage of services are in person vs telehealth?**

We are offering both in person and telehealth services at the Student Health Clinic and through CAPS.

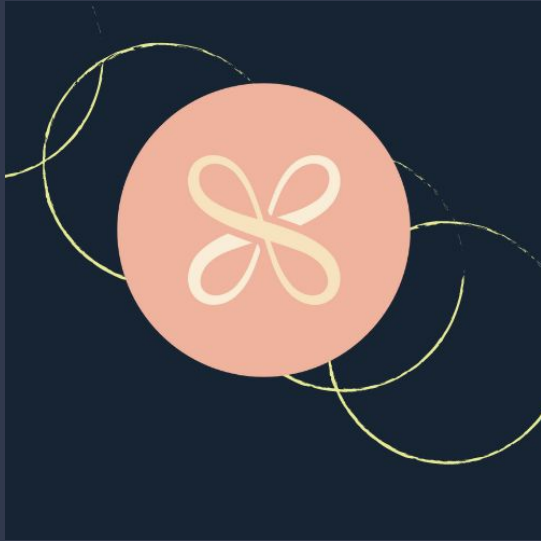
## **Any challenges/successes partners should be aware of?**

Challenges: Limited campus long term referral options for counseling and psychiatry. Difficulty hiring a diverse, licensed mental health staff

Successes: Student have been very open to and interested in telehealth.

## **Any upcoming event or flyers you would like to share?**

# Yoga For All Movement

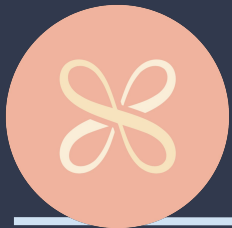


**Current Programs:** London Nelson Community Center, Encompass Community Services, Live Oak Community Resources, Watsonville Senior Center, SC Sheriff Department, United Way, County of Santa Cruz, Juvenile Hall, Janus of Santa Cruz

**Services & Hours of Operation:**

- We host direct service programs M-F that focus on healing trauma within the body via mindfulness-based stress reduction and somatic healing
- People can join our community-based class on Fridays from 10-11:30am

**New Program:** Reunite with Wellness coming in 2023!



# Yoga For All Movement

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## Quick Facts:

- We are addressing the equity gap in our community by offering holistic wellness programs to individuals that may have otherwise been forgotten by the wellness industry
- The majority of funding comes from fees-for-service programming and from caring community members, like you!
- We teach approximately 30 classes a month. That number is growing and we expect to increase to 40 classes a month by Fall 2022



# Good News!

HIP has been chosen to support  
PATH Initiatives

# What is PATH?

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## **CalAIM Providing Access and Transforming Health (PATH) Initiative**

Developed by Department of Health Care Services (DHCS) to support the transformation and implementation of CalAIM at the community level

**PATH consists of two programs with multiple, embedded, aligned initiatives:**

- Support for the Implementation of Enhanced Care Management (ECM) and Community Supports (CSs)
- Support for the implementation of a Justice-Involved Capacity Building Program

# Collaborative Planning and Implementation Initiative

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The Collaborative Planning and Implementation Initiative is one of four initiatives designed to promote readiness among county/regional managed care plans (MCPs), providers, CBOs, county agencies, public hospitals, tribes, and others for the implementation and expansion of ECM and Community Supports (CS)

Stakeholders in a county/region will form collaborative planning groups that will work together to:

- Identify ECM/CS needs and gaps within the community
- Identify, discuss, and resolve implementation issues that arise as CalAIM is rolled out
- Identify how PATH/CalAIM funding may be used to address gaps, needs issues
- Disseminate best practices and address implementation issues

# PATH Funding Highlight

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HIP has recently been chosen as a PATH Collaborative Planning and Implementation Group facilitator for Santa Cruz County with broad goals to:

- Work with stakeholders to identify and invite other entities to participate
- Hosting and facilitating convenings
- Develop programming and content

# PATH Collaborative Group Timeline

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A contract with associated funding details, project timeline, and defined deliverables is still pending but facilitator onboarding is estimated to take place before the end of the calendar year

HIP is excited to bring partners together with our future PATH efforts!

## **Want to learn more about CalAIM and PATH?**

<https://www.dhcs.ca.gov/CalAIM>

<https://www.dhcs.ca.gov/CalAIM/Pages/CalAIM-PATH.aspx>

# Temperature Check

How are you addressing these challenges?

# Thank you for joining us!

Please email [pbacio@hipscc.org](mailto:pbacio@hipscc.org) any flyers, registration links, or resources you would like to share with IBHAC Members.

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