

ACEs Community of Practice

May 31, 2023 | 12:00 PM - 1:00 PM



12:00 PM	Welcome & Introductions	<i>Priscila Bacio, HIP</i>
12:10 PM	Community of Practice Recap	<i>Priscila and Laura Wishart, HIP</i>
12:20 PM	Driver Diagram	<i>Trudy Bearden, HIP Consultant</i>
12:40 PM	Discussion	<i>All</i>
1:00 PM	Next Steps & Wrap-Up	<i>Laura Wishart, HIP</i>

Access meeting recording here.

A moment of A.W.E

The A.W.E. Method

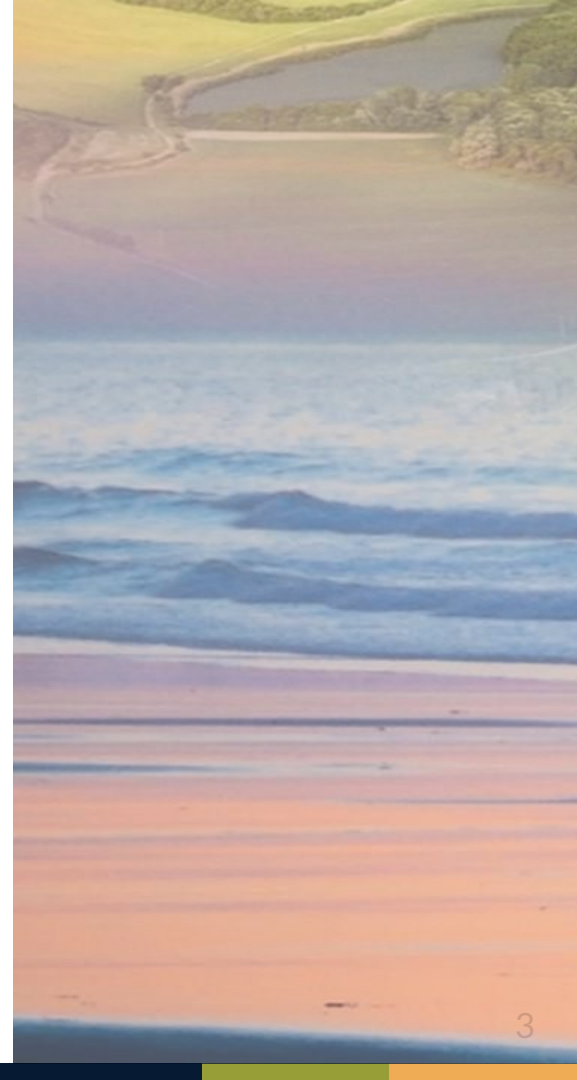
Attention: Turn your full and undivided attention on something you appreciate, value, or find amazing.

Wait: Slow down and pause.

Exhale and Expand: Amplify whatever sensations you are experiencing



CoP Recap



The ACEs CoP thus far

- February - Our launch
- March - ACEs screening workflows and discussion
- April - ACEs screening workflows, ACEs Community Support Team, and United Way 211
- Today - brainstorming for the evolution of the CoP



Our current mission statement

Strengthen the trauma-informed network of care in Santa Cruz County to increase screening for adverse childhood experiences (ACEs) and support those who screen positive and are experiencing toxic stress.



Jamboard Session

What will it really take to cut ACEs in half in one generation, and what can we do as a community?

Taking ownership for each other's wellbeing - no more them and us, creating a WE mentality.

Address Adverse Community Environments in the Pair of ACEs Model - evaluate and assess which one we can tackle first

ACES education for parents starting at birth (homebirth midwives to hospital settings) and integrated into parenting classes supported by schools.

Harmonize ACES screen with other Assessment of Needs

policies that support families to meet basic needs of childcare, food, health care, preschools, paid family leave, etc (probably beyond scope of this group)

Increase behavioral health capacity in county

Expanding education

improve linkage/coordination amongst service providers

Community Events highlighting stress busters activities.

Continue to address the social determinants such as housing and employment

Youth resources - safe environment for youth to ask for help, and safe space to hang out with friends.

increase parent engagement in treatment/empower parents

What would you like to learn and work together on at future meetings?

Expert guest speakers

Who from our community should be at these meetings and how do we get them here?

Harmonize ACES screen with other Assessments of Needs

ACES Outreach to communities and CBOs education/presentation on how to do it.

Invite other communities with ACEs Aware initiatives to learn from their work, lessons learned, challenges.

other partners who are indirectly involved in supporting folks with ACEs or toxic stress

ACES training/education for the community members and information on stress busters.

System issues that we all intersect with - how can we use a collective impact approach to strategize actions to help reduce ACEs

remove the barrier caused by the differentiation of health and human services

How do we position ACES in a Whole Person Care paradigm?

more education on the social drivers of culture as well as the social drivers of trust

Next Steps & Wrap-up

- Our next meeting on June 28
- Meeting recordings, slides, and other materials will be sent out in follow-up email and linked on HIP's website.
- Please complete meeting evaluation!
- Feel free to invite others!





THANK YOU!

NEXT CoP MEETING: Wednesday, June 28, 12-1 PM