



Santa Cruz County Mental Health &  
Substance Abuse Services  
SNCC PCMH Initiative  
November 18, 2011

# Santa Cruz County Mental Health & Substance Abuse Services

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Our team AIM is...

- All patients in 4 partner clinics will be screened for substance use disorders (SUD) and depression.
- All patients who screen positive for SUD or depression receive brief intervention and treatment or referral for treatment as medically indicated.

# Santa Cruz County Mental Health & Substance Abuse Services

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Our team AIM is...

Progress toward achieving our aim is measured by....

- The percentage of patients in each clinic who were screened.
- The percentage of patients that screened positive for SUD &/or depression received a brief intervention &/or treatment or referral for treatment.

# Our story...

- MediCruz Advantage (MCA) will give us resources to expand existing Mental Health/Primary Care integration pilot efforts. We are still in the planning stages for MCA, and hope to start services in January 2012.
- SBIRT pilot may start sooner at the HSA Crestview Clinic.
- Planning Issues (barriers): space & scheduling; documenting screening and intervention in multiple record systems (PC, AOD, MH) and being able to retrieve data easily; coordinating care across multiple service systems and data systems; same day services lock-out for FQHC.
- What helped us: Leadership in PC, AOD, MH is committed; build on success of existing MH/PC pilots; LHP funding provides resources.

# What we achieved...

- Near State approval of MCA funded SUD & MH services.
- Planning for start-up of services with HSA Emeline & Crestview Clinics, Salud Para La Gente and Women's Health Center.
- HIP training on SBIRT.
- Recruiting for MH/AOD Service Staff including a Nurse Practitioner.

# What we achieved...

Developed workflow for Watsonville Health Center SBIRT screening with representatives from front desk, MAs and providers

Trained front desk staff and some MAs in workflow and documentation

Developed Spanish language screens

Trained nursing volunteer to assist patients who need help in filling out forms

Started SBIRT screening with two providers

Distributed Recourse Referral Directory to providers and b  
EMR charting tool with referral recourses.

# Screening Tools...

## Annual questionnaire

Once a year, all our patients are asked to complete this form because drug use, alcohol use, and mood can affect your health as well as medications you may take. Please help us provide you with the best medical care by answering the questions below.

Patient name: \_\_\_\_\_

Date of birth: \_\_\_\_\_

Are you currently in recovery for alcohol or substance use?  Yes  No

**Alcohol:** One drink =  12 oz. beer  5 oz. wine  1.5 oz. liquor (one shot)




<b>MEN:</b> How many times in the past year have you had 5 or more drinks in a day?	<input type="radio"/>
<b>WOMEN:</b> How many times in the past year have you had 4 or more drinks in a day?	<input type="radio"/>

## Alcohol screening questionnaire (AUDIT)

Drinking alcohol can affect your health and some medications you may take. Please help us provide you with the best medical care by answering the questions below.

Patient name: \_\_\_\_\_

Date of birth: \_\_\_\_\_

One drink equals:  12 oz. beer  5 oz. wine  1.5 oz. liquor (one shot)

1. How often do you have a drink containing alcohol?	Never	Monthly or less	Two to four times a month	Two to three times a week	Four or more times a week
2. How many drinks containing alcohol do you have on a typical day when you are drinking?	Zero to two	Three or four	Five or six	Seven to nine	Ten or more
3. How often do you have six or more drinks on one occasion?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
4. How often during the last year have you found that you were not able to stop drinking once you had started?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
5. How often during the last year have you felt guilty or ashamed about your drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily

## Drug Screening Questionnaire (DAST)

Using drugs can affect your health and some medications you may take. Please help us provide you with the best medical care by answering the questions below.

Patient name: \_\_\_\_\_

Date of birth: \_\_\_\_\_

Which recreational drugs you have used in the past year?

- methamphetamines (speed, crystal)  cocaine  
 cannabis (marijuana, pot)  narcotics (heroin, oxycodone, methadone, etc.)  
 inhalants (paint thinner, aerosol, glue)  hallucinogens (LSD, mushrooms)  
 tranquilizers (valium)  other \_\_\_\_\_

1. Have you used drugs other than those required for medical  No  Yes

2. D

3. A

4. H

## PATIENT HEALTH QUESTIONNAIRE (PHI)

NAME: \_\_\_\_\_

Over the *last 2 weeks*, how often have you been bothered by any of the following problems? (use "✓" to indicate your answer)

1. Little interest or pleasure in doing things	0
2. Feeling down, depressed, or hopeless	0
3. Trouble falling or staying asleep, or sleeping too much	0
4. Feeling tired or having little energy	0
5. Poor appetite or overeating	0

# Electronic Chart...

Ochin Release System - SCZ WATS CLINIC

Home Schedules In Basket Chart Encounter Telephone Call Refill Enc Pat

Santa,Cruz Addendum: Santa,Cruz Rangel,Rosaura

**Watson, Ville** Age Sex DOB MRN Allergies Typ  
81 yea M 2/3/1930 3063169 Not on File (Non

Flowsheet Report

Select Flowsheets to View

ANNUAL SUBSTANCE USE SCREENING [80]

ANNUAL SUBSTANCE USE SCREENING	11/15/2011
Alcohol annual screen score (if score >0, give AUDIT)	Positive
Drug annual screen score (if score > 0, give DAST)	Negative
AUDIT full alcohol screen score	8-15, Zone 2
Raised subject	Yes
Provided Feedback	Yes
Enhanced Motivation	Yes
Negotiated plan	Yes
Advised to seek treatment	No
Follow up arranged	Yes

Ochin Release System - SCZ WATS CLINIC

Home Schedules In Basket Chart Encounter

Santa,Cruz Addendum: Santa,Cruz

**Watson, Ville** Age Sex DOB MRN  
81 yea M 2/3/1930 306316

Doc Flowsheets

File Add Row Add Group Cascade Add Col In

Flowsheet: Annual Substance Use Depress

Annual Substance Use Sc...	<input checked="" type="checkbox"/>	
Annual Screen	<input checked="" type="checkbox"/>	
Full Screen	<input checked="" type="checkbox"/>	Alcohol annual screen scor
Brief intervention	<input checked="" type="checkbox"/>	Drug annual screen score (
If yes, which steps?	<input checked="" type="checkbox"/>	AUDIT full alcohol screen s
		DAST full drug screen scor
		Brief intervention performe
		Raised subject
		Provided Feedback
		Enhanced Motivation

Demographics

Previous Visit

Clinical Summary

Imm/Injections

Doc Flowsheets

Order Entry

Medications

Document List

Visit Navigator

**Health Maintenance**  Late  Due  Soon  Hold

PNEUMOCOCCAL VACCINE AGE 2-64 IMMUNOCOMPROMISED (#1)	1/5/1971
PAP,ROUTINE ANNUAL	1/5/1987
INFLUENZA (SEASONAL FLU VACCINE)	10/1/2011

**Reminders and Results**

None

Smoking Status Former Smoker

Smokeless Tobacco Status Unknown

Alcohol Use No

Drug Use No

**Permanent Comments & Other Details**

Comments: Annual Screen next due 10/27/12.

11 open orders

**Specialty Comments** [Report](#)

None

# Lessons learned...

- Need for more provider training on Motivational Interviewing and how to conduct brief interventions.
- Primary Care to focus on identification and brief intervention with patients at lower level of acuity of SUD and MH conditions who can benefit from outpatient and psychiatry services as well as those who need higher levels of AOD/MH care.
- Importance of “warm hand offs”, frequent follow-up contacts and interdisciplinary team care.

# Lessons learned...

- Complex process affecting staff throughout the clinic
- At implementation all patients over 18 due for screening
- Many patients need help filling our forms which is very time consuming for staff

# Where we go from here...

- MCA implementation of SBIRT/PHQ9.
- As we implement, pay attention to integrating PC, AOD and MH organizational cultures.
- More training and ongoing coaching for SBIRT.
- Education for PCP regarding AOD & MH community resources as well as orientation to 12-step programs.

# Where we go from here...

- Limit number of SBIRT screens done daily
- Continue to use volunteer staff for patients that need help with filling out forms
- Continue screening on a limited scale until more lessons learned
- Continue to work together - Primary Care, Mental Health and Substance Abuse to develop resources for treatment and referral