ALL WELL CHILD VISITS
Sample Office/Clinic Workflow

Check-in: Front Desk
Everyone is given a 52-10 Survey

Check-in: RN/LVN/MA
- Height, weight and BMI %'ile for age and gender is calculated and classified
- Document in appropriate part of patient chart (BMI, %'ile, classification)

5-84%'ile age/gender
"Healthy Weight"

GOOD JOB!

Review 5-2-1-0 assessment survey

Give 52-10 Handout

Reinforce healthy habits and 5-2-1-0 message
- Healthy eating
- Physical activity
- Screentime

Check BMI %'ile annually

85-94%'ile age/gender
"Overweight"

Without comorbidities

With comorbidities

≥ 95%'ile age/gender
"Obese"

1. Review 52-10 assessment survey
2. Give 52-10 Patient Handout
3. Assess patient/family readiness to change
4. Discuss concept of goal setting
5. Set goal if appropriate or wait for follow-up
6. Schedule follow-up contact
7. Refer to specialist or community program as necessary/available.

Adapted from the Maine Center for Public Health *Keep ME Healthy* project and the Healthy New Hampshire project